**Break statement**

Break statement in Python is used to bring the control out of the loop when some external condition is triggered. Break statement is put inside the loop body

# Python program to demonstrate break statement

s = 'dharmanshu'

# Using for loop

for letter in s:

print(letter)

# break the loop as soon it sees 'e'

# or 's'

if letter == 'h' or letter == 's':

break

print("Out of for loop")

print()

i = 0

# Using while loop

while True:

print(s[i])

# break the loop as soon it sees 'e'

# or 's'

if s[i] == 'h' or s[i] == 's':

break

i += 1

print("Out of while loop")

#### Continue statement

Continue is also a loop control statement just like the break statement. Continue statement is opposite to that of break statement, instead of terminating the loop, it forces to execute the next iteration of the loop.

# Python program to demonstrate continue statement

# loop from 1 to 10

for i in range(1, 11):

# If i is equals to 6,

# continue to next iteration

# without printing

if i == 7:

continue

else:

# otherwise print the value

# of i

print(i, end = " ")